

FIG 1

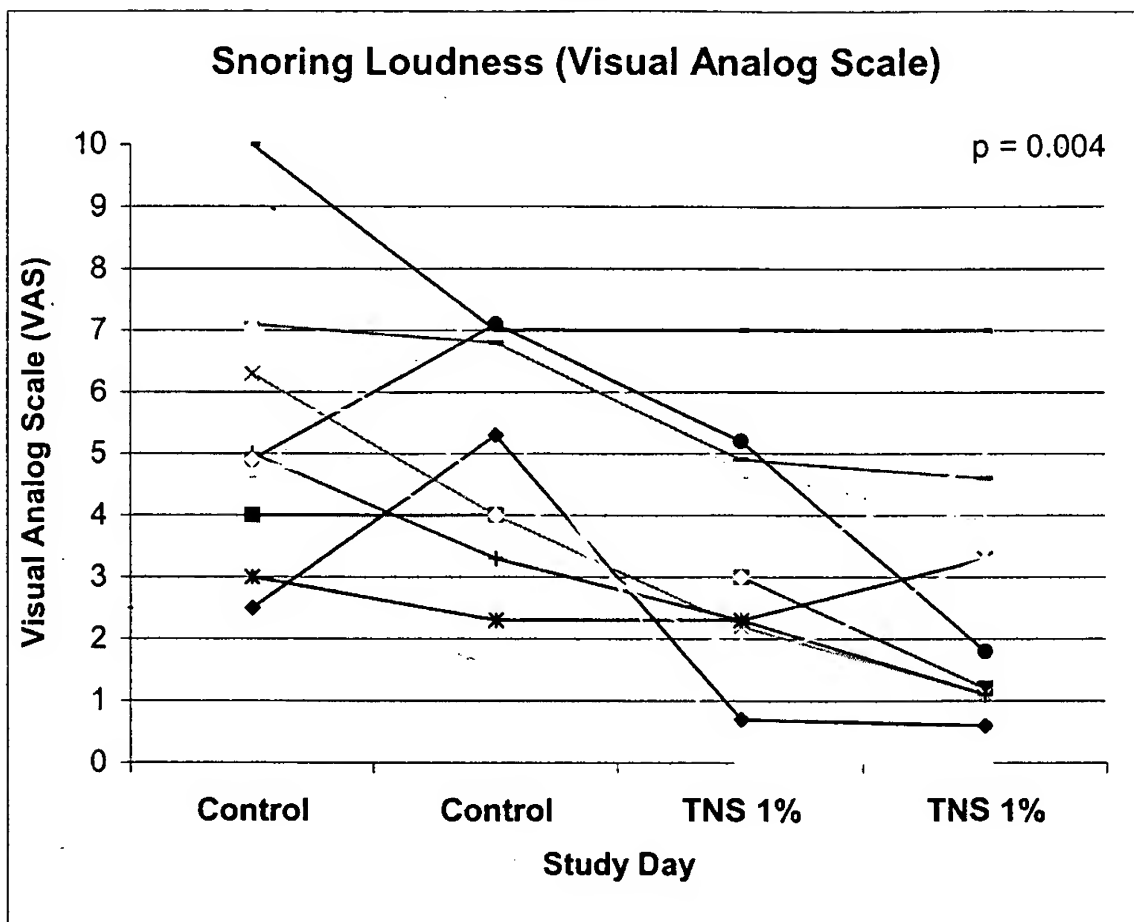


Figure 1: Snoring is rated by the subject's bed partner on a scale of 0-10, and treatment nights (3 + 4, TNS 1%) are compared to control nights (1 + 2, no treatment).

Apnea Hypopnea Index (AHI)

FIG. 2

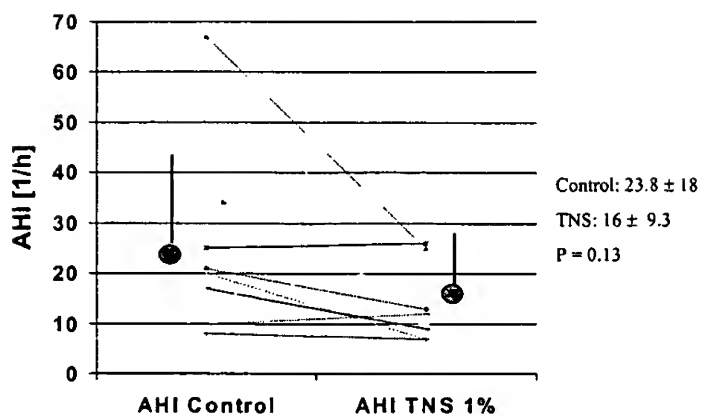


Figure 2: AHI is defined as the number of Apneas and Hypopneas per hour, and is also referred to as "RDI" (Respiratory Distress Index)

Sleep Efficiency (SE)

FIG. 3

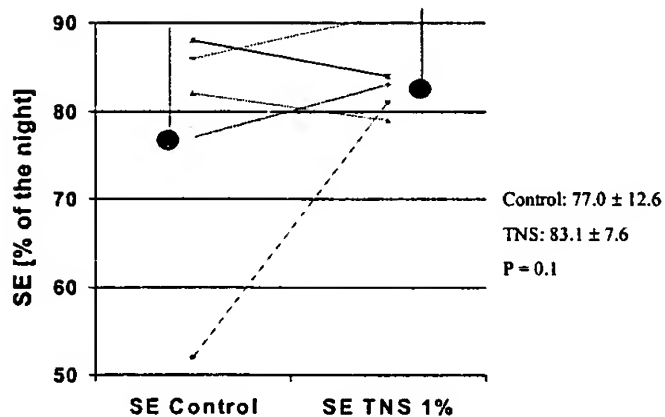


Figure 3: Sleep Efficiency is defined as the time asleep (measured by EEG) as a percentage of the time in bed.

Arousal Index (ArI)

FIG. 4

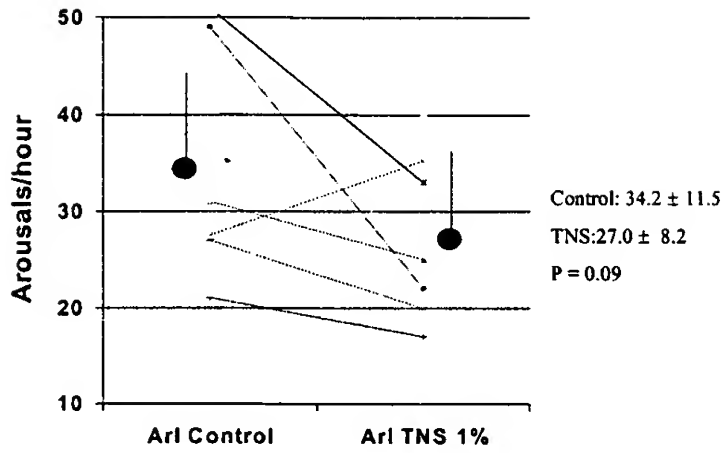


Figure 4: Arousal Index describes the number of (respiratory and EEG-based) arousals per hour.

20250712 10:56:54.012302